



## It's Your Funeral

Plan the Celebration of a Lifetime  
Before It's Too Late

By **Kathy Benjamin**

For most of us, our own funeral is an afterthought or, even worse, an anti-thought—something we avoid thinking about altogether. This book will change that negative thinking forever! After all, planning one's funeral is an act of love and an important part of good mental health. Now readers can make sure their sendoff is exactly what they want it to be, whether a somber reflection on who they were, a drunken bacchanal for a life well lived, or a peaceful adieu to their earthly existence.

The decisions are myriad and the pitfalls many, so this practical yet cheeky guide offers a plethora of advice and inspiration, from budgeting for the big day to selecting a burial outfit to choosing a memorial theme. Morbid and pragmatic questions alike are answered, including:

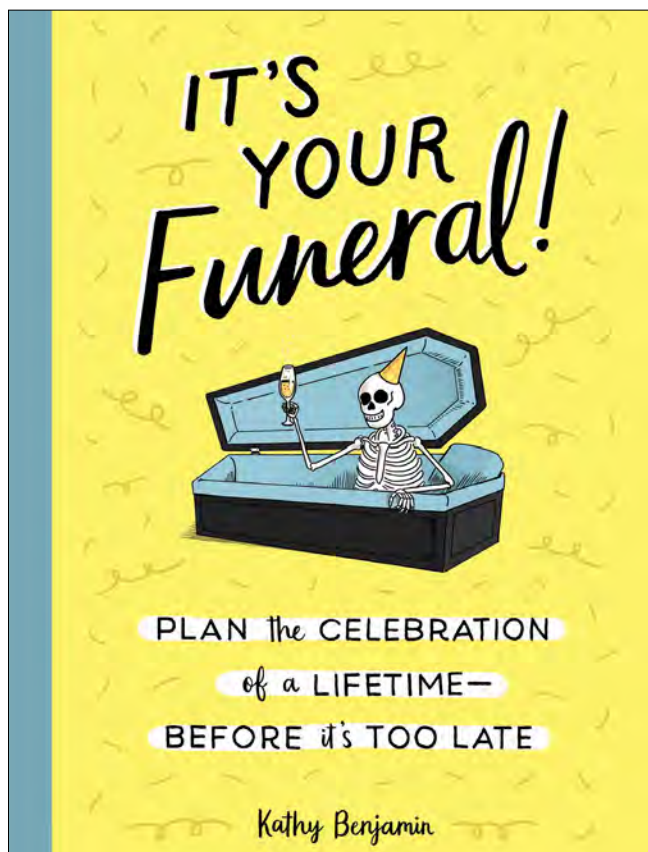
- What is the most eco-friendly burial method?
- Should I write my own obituary?
- Do I really need a will?
- Can my body be shot into space after I die?
- What can be cremated with me?
- And, perhaps most important, how do I avoid being buried alive?

*It's Your Funeral* presents every stage of the legacy planning process—both material and digital—to ensure that one's wishes are recorded for posterity before venturing to the Great Beyond. So get ready to dig into curious facts, strange stories, and helpful worksheets that cover everything readers need to know to make death the best time of their life.



**KATHY BENJAMIN'S** writing has received more than 100 million hits across some of the most popular humor and trivia websites in the world, including Mental Floss, Cracked, Grunge, The Smoking Jacket, and Uproxx. Kathy is also the author of *Funerals to Die For: The Craziest, Creepiest, and Most Bizarre Funeral Traditions and Practices Ever*.

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## A FASCINATING AND FUN (YES, REALLY!) GUIDE TO PLANNING YOUR FINAL FAREWELL

### Subject:

Self-Help - Death, Grief,  
Bereavement

Humor

Reference - Personal &  
Practical Guides

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